

EPISCOPAL Church of the Ascension



This Week at Ascension

[Link to the Bulletins for October 11](#)

[Link to Randy's Sermon "I, Adulterer Or: Seeing Christ in Your Ex" from October 4.](#)

[Link to the Episcopal Diocese of Washington's Website](#)

Calendar Highlights

Saturday, October 10

9am Overeaters Anonymous, Undercroft Commons
11am AI-Anon, Undercroft Commons
11am Overeaters Anonymous, Chapel
2pm Funeral Service for Lee Custer, Chapel

Sunday, October 11

7:45am Holy Eucharist, Main Church
8:15am Choir Rehearsal, Choir Room
9am Holy Eucharist, Main Church
9am Godly Play, Room 6
9am Joyful Path, Room 11
9am ESOL Class, Room 1
10:15am Holy Eucharist for Families with Young Children, Chapel
11am Holy Eucharist in Spanish, Chapel
11am Godly Play, Room 6
11am Joyful Path, Room 11
11:15am Holy Eucharist, Main Church

The Ten Commandments

- Q. What are the Ten Commandments?
A. The Ten Commandments are the laws given to Moses and the people of Israel.
- Q. What do we learn from these commandments?
A. We learn two things: our duty to God, and our duty to our neighbors.
- Q. What is our duty to God?
A. Our duty is to believe and trust in God;
I To love and obey God and to bring others to know him;
II To put nothing in the place of God;
III To show God respect in thought, word, and deed;
IV And to set aside regular times for worship, prayer, and the study of God's ways.
- Q. What is our duty to our neighbors?
A. Our duty to our neighbors is to love them as ourselves, and to do to other people as we wish them to do to us;
V To love, honor, and help our parents and family; to honor those in authority, and to meet their just demands;
VI To show respect for the life God has given us; to work and pray for peace; to bear no malice, prejudice, or hatred in our hearts; and to be kind to all the creatures of God;
VII To use our bodily desires as God intended;
VIII To be honest and fair in our dealings; to seek justice, freedom, and the necessities of life for all people; and to use our talents and possessions as ones who must answer for them to God;
IX To speak the truth, and not to mislead others by our silence;
X To resist temptations to envy, greed,

5pm Holy Eucharist, Chapel
6pm Youth
Group/Formation,
Undercroft Commons

Monday, October 12
*Columbus Day - Office
Closed*

6:30pm Overeaters
Anonymous, Undercroft
Commons
7pm Girl Scouts, Room 6
7:30pm Outreach Committee
Meeting, Library

Tuesday, October 13
9:30am Staff Meeting,
Library
7pm Spanish Bible Study,
Ascension House
7pm Still Water Mindfulness
Practice, Chapel
7pm Codependents
Anonymous, Room 1
8:30pm AI-Anon, Room 1

Wednesday, October 14
10am *Daring Greatly* Book
Group, Library
6:30pm Yoga, Chapel
7pm Spanish Class, Ascension
House
7:30pm *Daring Greatly* Book
Group, Library
8pm Gamblers Anonymous,
Chapel

Thursday, October 15
10am Yoga, Chapel
7:45pm Choir Rehearsal,
Choir Room

[Link to our Online Calendar](#)

Worship Leaders

Sunday, October 11
Preacher: (The Rev.) Randy Lord-
Wilkinson

Flower Delivery: Hawa Clemsns,
Eliane Dunn-Johnson

7:45 AM *Reader/Prayers:* Jean
Cohn, *Chalichists:* Enid Cole, Wadai

and jealousy; to rejoice in other people's
gifts and graces; and to do our duty for
the love of God, who has called us into
fellowship with him.

Q. What is the purpose of the Ten Commandments?

A. The Ten Commandments were given to define
our relationship with God and our neighbors.

Q. Since we do not fully obey them, are they useful at all?

A. Since we do not fully obey them, we see more clearly
our sin and our need for redemption.

Book of Common Prayer, p. 846-847

Announcements
(click for more info)

HEADLINERS

[Annual Giving Campaign](#)

[Purge Party Praise for Participants, and New Date](#)

CHRISTIAN FORMATION

[Godly Play, October 11](#)

[A Joyful Path, October 11](#)

[Youth Group/Formation, October 11](#)

[Daring Greatly](#)

[Yoga at Ascension](#)

[Listening Heart Community at Ascension](#)

[Still Water Mindfulness Practice Group](#)

WORSHIP

[All Saints' Sunday Choral Evensong](#)

[Bulletins for Tablets Link](#)

[Worship Rosters, October - December](#)

SERVICE

[Gaithersburg HELP](#)

[Ascension's Cancer Support Group](#)

[Lord's Table Soup Kitchen](#)

[Men's Shelter Lunch Preparation](#)

Dennis, *Healing Prayer*: Lisa Murdock, *Acolytes*: Raymond Chin, Jackson Douglas, Aidan Douglas, *Welcome Team*: Jean Cohn, Don Cohn, *Altar Guild*: Georgette Dennis

9:00 AM *Readers*: Kirk Davies, Gordon Donnelly, *Prayers*: Suzyn Gonzalez, *Chalicians*: Swithin Kwamena-Poh, Sari Stoddard, *Healing Prayer*: Kate Siberine, *Acolytes*: Msangwa Ogada, Nuelle Johnson, Manny Johnson, *Welcome Team*: Kevin Blanc, Algernon Thomas, *Altar Guild*: Sarah Gallagher, Kristin FitzPatrick

11:15 AM *Reader*: Karl Didavi, *Chalicians*: Peg Ruppel, Rimie Sicard, *Healing Prayer*: Diana Gustafson, *Welcome Team*: Peedy Terry, Sciou Broderick, *Altar Guild*: Anika Lalmansingh, Avin Lalmansingh

5:00 PM *Reader / Usher*: Kate Siberine

Eucharistic Visitors: Pamela Irons-Forth

LIFE AT ASCENSION

[Ascension's Adventure Group to the National Zoo](#)

[Spanish Classes](#)

[ESOL Classes](#)

[Hospitality Hour](#)

[Prayer Request Updates](#)

CAPITAL CAMPAIGN

[Capital Campaign News](#)

PUBLICATIONS

[October Ascendant](#)

[Together We Shine](#)

Prayers

FOR THOSE WHOSE LIVES ARE CLOSELY LINKED WITH OURS:

In the Diocesan cycle of prayer, we pray for Regional assemblies and regional conveners of the Diocese, All Native Americans and Native American congregations, The Chapel of the Intercession at Washington Hospital Center
Pray for all hospital, hospice, nursing home and healthcare chaplains, The Hunger Fund Committee, World Food Day (October 16)

In the Anglican cycle of prayer, we pray for Tamale, Ghana.

PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

Barbara, Peg, Hollis, Susan, Johnetta, Doris, Nancy, Janet, Lou, Fran, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for Ascension's Minister of Music Discernment Team.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families. For all people affected by natural disasters, violence, and war.

God our strength and our redeemer, We ask for your loving presence and for your peace to be with the people of Syria, of all religious traditions and of none. Be with those in positions of leadership, that their decisions may hasten peace and bring an end to violence. Be with those who are in fear for their

safety and their lives. Be with those who have lost their homes, livelihoods, and loved ones. Give them strength and courage. And be with us, as we listen and discern your call to us. Equip us and empower us to be witnesses to your love - as advocates and as servants, as ministers of welcome and of hope for Syrians and all those displaced by war and violence.

We pray for all special intentions, and those on our extended Healing Prayer List.

ALTAR FLOWERS:

The altar flowers are given by Hallie Porter, in loving memory of Harold Colvin.

THANKSGIVING:

For the life of Ernie Rossi, who died on October 3.

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