



This Week at Ascension

[Link to the Bulletins for June 5](#)

[Link to Randy's Sermon "Rick's Ascent" from May 29.](#)

[Link to the Episcopal Diocese of Washington's Website](#)

Calendar Highlights

Friday, June 3

6pm Movie Night, Undercroft Commons
6pm Couples in Recovery, Room 1

Saturday, June 4

8:30am Outreach Retreat, Chapel
9am Overeaters Anonymous, Room 1
11am AI-Anon, Undercroft Commons
11am Overeaters Anonymous, Room 1

Sunday, June 5

7:45am Holy Eucharist, Main Church
9am Holy Eucharist, Main Church
10:15am Holy Eucharist for Families with Young Children, Chapel
11am Bilingual Holy Eucharist and Parish Picnic, Bohrer Park
5pm Holy Eucharist, Chapel

Monday, June 6

Keeping the Feast Redux

Well, it doesn't look like we will have an expanded narthex in the near future! Yet we seem to enjoy stuffing ourselves into the little foyer where the coffee and goodies are laid out every Sunday after the early liturgies.

The 11:15 Eucharist ends with the Peace. What I have noticed is that people linger in the nave for quite some time. There is really a lot of energy and animated conversation. I am thinking seriously of emulating what happens at St. Gregory's Episcopal Church in San Francisco (check out <http://www.saintgregorys.org>).

Known for its creative liturgies (seminarians and clergy make pilgrimages to the place), the "coffee hour" (they don't call it that and I don't know what they do call it) happens immediately after the Eucharist, with the altar being used as a table for the love feast repast!

I like this model a lot. First, the social connecting time happens in the same place as the liturgy. Strangers are easily greeted and assimilated. Moreover, it presents the love feast as a continuation of the Eucharist. And the menu varies from week to week as teams of members provide for the gathered (and no doubt hungry) faithful.

So don't be (too) shocked when - some time this summer perhaps - you see a procession of food and drink entering into the nave.

In the meantime, remember that we have a sign up for "keeping the feast" on a Sunday near your birthday after the service of your choice.

Go to <http://www.signupgenius.com/go/70a0a4caba82da75-keeping>

Randy

6:30pm Overeaters
Anonymous, Room 1

Tuesday, June 7

6:30pm Spanish Class,
Ascension House
7pm Education for Ministry,
Library
7pm Codependents
Anonymous, Room 1
7pm Stillwater Mindfulness
Group, Chapel
8:30pm AI-Anon, Room 1

Wednesday, June 8

10am *Gilead* Book Group,
Library
7pm Ensemble Rehearsal,
Main Church
8pm Gamblers Anonymous,
Chapel

Thursday, June 9

10am Yoga, Chapel

[Link to our Online Calendar](#)

Worship Leaders

Sunday, June 5

Preacher: The Rev. Javier Garcia
Ocampo

Flower Delivery: Esther Sawyer,
Adoma Baffoe

7:45 AM *Reader/Prayers:* Jackson
Douglas, *Chalicians:* Wadai Dennis,
Sharon Hayden, *Healing Prayer:*
Diana Gustafson, *Acolytes:*
Raymond Chin, Jackson Douglas,
Aidan Douglas, *Welcome Team:*
Florence Sirleaf, Meredith Horan,
Altar Guild: Enid Cole, Mardia
Dennis

9:00 AM, *Readers:* Diana Gustafson,
Suzyn Gonzalez, *Prayers:* Barb
Mansfield, *Chalicians:* Nancy
Carman, Cynthia Perley, *Healing
Prayer:* Major Clemens, *Acolytes:*
Kofi Kwamena-Poh, Kayleigh Yankie,
Sam Mendimasa, *Welcome Team:*
Dorett Sutherland, James Black,
Jonathan Black, *Altar Guild:* Nancy
Carman, Cynthia Perley, Liz Lennon

11:00 AM Bilingual Service and
Parish Picnic *Reader:* Alma
Sambula, *Prayers:* Ruth Skowronski

Announcements
(click for more info)

HEADLINERS

[Movie Night, June 3](#)

[Outreach Retreat, June 4](#)

[Annual Picnic; June 5](#)

[Father's Day Food Drive](#)

[Church Yard Sale and Car Wash](#)

[Attention Worship Leaders](#)

CHRISTIAN FORMATION

[Work Camp, 2016](#)

[Yoga at Ascension](#)

[New Book for Wednesday Morning Book Group: *Gilead*](#)

[Women's Retreat - with Registration Form](#)

[Listening Heart Community at Ascension](#)

[Still Water Mindfulness Practice Group](#)

WORSHIP

[Worship Rosters, April-June, 2016](#)

[Bulletins for Tablets Link](#)

SERVICE

[Men's Shelter Lunch Preparation](#)

[Gaithersburg HELP](#)

LIFE AT ASCENSION

[Ascension's Adventurers Seeking Ideas](#)

[Ascension Softball](#)

[Congratulations Graduates](#)

[Summer Office Hours](#)

[Living with Serious Illness Group](#)

[Keeping the Feast](#)

[Prayer Request Updates](#)

Chalicians: Diana Gustafson, Anika Lalmansingh, *Healing Prayer:* Laura Shay, *Welcome Team:* Avin Lalmansingh, Clark Didavi, *Altar Guild:* Lynne Shaer, Laura Shay

5:00 PM *Reader/Chalician:* Pete Minderman

Eucharistic Visitors: Meredith Horan

PUBLICATIONS

[Link to the Annual Report and the Vestry Candidate Questionnaire](#)

[May Ascendant](#)

[Together We Shine](#)

Prayers

FOR THOSE WHOSE LIVES ARE CLOSELY LINKED WITH OURS:

In the Diocesan cycle of prayer, we pray for St. Barnabas' Church of the Deaf

St. Barnabas' Church, Leeland

St. Barnabas' Church, Temple Hills

St. Columba's Church

St. Columba's Nursery School

Pray for those who are being ordained

Pray for all Muslims during the holy month of Ramadan (June 6-July 5)

PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

Rose, Carol, Alvaro, Marguerite, Helen, Sarah, Nancy, Janet, Lou, Fran, Toshi, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love - as advocates and as servants, as ministers of welcome and of hope for all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

ALTAR FLOWERS:

Given by Elizabeth Lennon, in loving memory of her mother Helen Bradfield.

Given by the vestry, in memory of Rick Wilkinson.

Episcopal Church of the Ascension

205 South Summit Avenue

Gaithersburg, MD 20877-2315

301-948-0122

ascensionmd.org