



# This Week at Ascension

[Link to the Bulletins for March 20](#)

[Link to Randy's Sermon "Grounded" from March 13.](#)

[Link to the Episcopal Diocese of Washington's Website](#)

## Calendar Highlights

### Saturday, March 19

9am Overeaters Anonymous, Undercroft Commons  
11am AI-Anon, Undercroft Commons  
11am Overeaters Anonymous, Chapel

### Sunday, March 20

*Palm Sunday - No Christian Formation for Children, Youth, or Adults*

7:45am Liturgy of the Palms and Holy Eucharist, Main Church

8:15am Choir Rehearsal, Choir Room

8:45am Liturgy of the Palms and Holy Eucharist, Entrance to Gaithersburg HS / Main Church

10:15am Holy Eucharist for Families with Young Children, Chapel

10:15am Men's Shelter Lunch Preparation, Undercroft Commons

11am Liturgy of the Palms and Holy Eucharist, both English and Spanish Speaking

## Holy Week and Easter at Ascension

### Palm Sunday, March 20

7:45 a.m. Liturgy of the Palms and Holy Eucharist—Main Church

8:45 a.m. Liturgy of the Palms and Holy Eucharist—Entrance to Gaithersburg HS/Main Church

10:15 a.m. Service for Families with Young Children—Chapel

11:00 a.m. Liturgy of the Palms and Holy Eucharist—English and Spanish Speaking Congregations both meet at the entrance of Gaithersburg HS

5:00 p.m. Holy Eucharist—Chapel

### Wednesday, March 23

7:30 p.m. Tenebrae, a "Service of Darkness" - Main Church

### Maundy Thursday, March 24

7:30 p.m. Holy Eucharist with Foot Washing and Stripping of the Altar—Main Church

### Good Friday, March 25

12:00 p.m. "Stations to Go" - Main Church and Various Locations in Old Towne Gaithersburg

7:30 p.m. Prayer Book Liturgy—Main Church

### Easter Eve, Saturday, March 26

7:30 p.m. Easter Vigil—Main Church

### Easter Day, Sunday, March 27

7:45 a.m. Holy Eucharist—Main Church

9:00 a.m. Festival Eucharist—Main Church

11:00 a.m. Festival Eucharist—Main Church

11:00 a.m. Holy Eucharist in Spanish—Chapel

12:30 p.m. Holy Eucharist for Families with Young Children, followed by an Easter Egg Hunt—Chapel

## Announcements

(click for more info)

## HEADLINERS

[Lenten Series: God's Children Talk About Race](#)

[Easter Flowers](#)

[Easter Artwork and Eggs](#)

Congregations meet at the entrance of Gaithersburg HS  
12:30pm Lenten Series on Race, Undercroft Commons  
5pm Holy Eucharist, Chapel

#### Monday, March 21

6:30pm Overeaters Anonymous, Undercroft Commons  
7pm Listening Heart Community, Library

#### Tuesday, March 22

6:30pm Spanish Class, Ascension House  
7pm Education for Ministry, Library  
7pm Codependents Anonymous, Room 1  
8:30pm AI-Anon, Room 1

#### Wednesday, March 23

10am *Grounded* Book Group, Library  
7:30pm Tenebrae, a Service of Darkness, Main Church  
8pm Gamblers Anonymous, Chapel

#### Thursday, March 24

10am Yoga, Chapel  
11am Episcopal Seeking Seniors, Asbury  
6pm Bariatric Support Group, Chapel  
7:30pm Holy Eucharist with Foot Washing and Stripping of the Altar, Main Church

[Link to our Online Calendar](#)

## Worship Leaders

Sunday, March 20

Preacher: The Rev. Javier Garcia Ocampo

*Flower Delivery:* Eliane Dunn-Johnson, Alice Padmore

7:45 AM *Reader/Prayers:* Diane Gustafson, Kate Siberine, *Chalicians:* Sharon Hayden, Edna Leake, *Healing Prayer:* Jean Cohn, *Acolytes:* Ron Hayden, Jackson Douglas, Aidan

[Youth Sunday, April 10](#)

[Name Badge Reminder](#)

## CHRISTIAN FORMATION

[Christian Formation Easter Break](#)

[Education for Ministry](#)

[Wednesday Morning Book Group](#)

[Yoga at Ascension](#)

[Listening Heart Community at Ascension](#)

[Still Water Mindfulness Practice Group](#)

## WORSHIP

[Worship Rosters, April-June, 2016](#)

[Bulletins for Tablets Link](#)

[Calling all Altar Guild Members](#)

## SERVICE

[This Year's Rice Bowl Offering](#)

[Men's Shelter Lunch Preparation](#)

[Gaithersburg HELP](#)

[Lord's Table Soup Kitchen](#)

## LIFE AT ASCENSION

[April Movie Night](#)

[Ascension's Adventure Group](#)

[Living with Serious Illness Group](#)

[Linen Laundering](#)

[Keeping the Feast](#)

[Spanish Classes](#)

[ESOL Classes](#)

[Prayer Request Updates](#)

## PUBLICATIONS

[Link to the Annual Report and the Vestry Candidate Questionnaire](#)

[March Ascendant](#)

Douglas, *Welcome Team*: Florence Sirleaf, Meredith Horan, *Altar Guild*: Leslie Sanya, Wadai Dennis

9:00 AM, *Readers*: Andrew Greene, Susan McLaughlin, *Prayers*: Christian Simpson, *Chalicians*: Cynthia Perley, Margaret Tellu, *Healing Prayer*: Susan McLaughlin, *Acolytes*: Alfred Wasikye, Kofi Dickson, Lisa Dickson, *Welcome Team*: Nii Armah Akuete, Ruby King, Charles Dickson, *Altar Guild*: Nancy Carman, Cynthia Perley, Liz Lennon

11:15 AM *Reader*: Peg Ruppel, *Chalicians*: Anika Lalmansingh, Christian Nwankwo, *Healing Prayer*: Alex Langley, *Welcome Team*: Avin Lalmansingh, Karl Didavi, *Altar Guild*: Lynne Shaer, Laura Shay

5:00 PM *Reader/Usher*: Pete Minderman

*Eucharistic Visitors*: Pamella Irons-Forth, Kate Foley

## Together We Shine

### Prayers

#### FOR THOSE WHOSE LIVES ARE CLOSELY LINKED WITH OURS:

In the Diocesan cycle of prayer, we pray for Calvary Church, Washington, The Church of the Atonement, Washington, The Church of the Redeemer, Bethesda, African Palms

#### PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

Brad, Carol, Kirk, Betty, Heather, Marguerite, Warren, Nancy, Janet, Lou, Fran, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love - as advocates and as servants, as ministers of welcome and of hope for all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

#### THANKSGIVING:

For the life of Edward Gallagher, who died on March 3.

For the life of Edith Shephard, great aunt of Edna Leake, who died on March 7.

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