



## The Fourteenth Sunday after Pentecost

21 August A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*  
The Rev. Javier García Ocampo, *Assistant to the Rector*  
Jerrold Tidwell, *Minister of Music*

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.*

*We meet for coffee, tea, and snacks in the Narthex after each service.*

*Within the bulletin, the people read the parts in bold print.*

♦ *Please silence your audible devices* ♦

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### THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.  
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,  
Holy and Mighty,  
Holy Immortal One,  
Have mercy upon us.

The Lord be with you.  
And also with you.  
Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever *Amen*.

#### Jeremiah 1:4-10

The word of the Lord came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a boy." But the Lord said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you, Do not be afraid of them, for I am with you to deliver you, says the Lord." Then the Lord put out his hand and touched my mouth; and the Lord said to me, "Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant."

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

**Psalm 71:1-6**

- 1 In you, O Lord, have I taken refuge; \*  
**let me never be ashamed.**
- 2 In your righteousness, deliver me and set me free; \*  
**incline your ear to me and save me.**
- 3 Be my strong rock, a castle to keep me safe; \*  
**you are my crag and my stronghold.**
- 4 Deliver me, my God, from the hand of the wicked, \*  
**from the clutches of the evildoer and the oppressor.**
- 5 For you are my hope, O Lord God, \*  
**my confidence since I was young.**
- 6 I have been sustained by you ever since I was born;  
from my mother's womb you have been my strength; \*  
**my praise shall be always of you.**

The Holy Gospel of our Lord Jesus Christ according to Luke [13:10-17 ]

**Glory to you, Lord Christ.**

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord

**Praise to you, Lord Christ.**

**Sermon**

**The Rev. Javier Garcia Ocampo**

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## Prayers of the People: Form III

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; and Randy and Javier, our clergy;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others. You may add your own prayers at this time.

*Silence*

*The people may add their own petitions*

We pray for comfort, healing, courage and hope for Helen Clark, Joseph Ellis, George Johnson, Homé Reitwiesner, Maria Estela Rodriguez, Peg Ruppel, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the birthday of Heidi Sicard, in whose honor the altar flowers are given by her mother Rimie Sicard.

*Celebrant*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

### **Confession of Sin**

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Leader and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways.  
to the glory of your Name. Amen.**

*The Priest stands and says:*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## The Peace

The peace of the Lord be always with you.  
**And also with you.**

## Announcements

*Please stand at the presentation of the money and food offerings.*

## HOLY COMMUNION

### Eucharistic Prayer C

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*You may stand or kneel during the Eucharistic Prayer.*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." %

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." %

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our ancestors; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

### **The Lord's Prayer**

*As our Savior Christ  
has taught us,  
we now pray,*

Our Father in heaven,  
    holy is your Name,  
    your kingdom come,  
    your will be done,  
        on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
    as we forgive those  
        who sin against us.  
Save us from the time of trial,  
    and deliver us from evil.  
For the kingdom, the power,  
    and the glory are yours,  
    now and for ever. Amen.

*And now,  
as our Savior Christ has taught us,  
we are bold to say,*

Our Father, who art in heaven,  
    hallowed be thy Name,  
    thy kingdom come,  
    thy will be done,  
        on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
    as we forgive those  
        who trespass against us.  
And lead us not into temptation,  
    but deliver us from evil.  
For thine is the kingdom,  
    and the power, and the glory,  
    for ever and ever. Amen.

## The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.  
**Therefore let us keep the feast. Alleluia.**

*Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

*Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

*When there is a Eucharistic Visitor present*

We send you forth bearing these holy gifts that those whom you visit may share with us in the communion of Christ's body and blood.

*People:* **We who are many are one body because we all share one bread and one cup.**

### Prayer after Communion

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

### The Blessing

Life is short, and we do not have too much time  
to gladden the hearts of those who travel the way with us.  
So be swift to love, and make haste to be kind.  
And may the blessing of the one who made us,  
who journeys with us,  
who breathes us into life moment by moment,  
Creator, Christ, and Holy Spirit,  
be upon you  
this day and always.  
**Amen.**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

## WORSHIP LEADERS

		<b>This Week</b>	<b>Next Week</b>
<b>Reader:</b>	<b>7:45 am</b>	Jean Cohn	Enid Cole
	<b>9:00 am</b>	Susan Ahalt Sue Snay	Andrew Greene Christian Simpson
	<b>11:15 am</b>	Avin Lalmansingh	Karl Didavi
	<b>5:00 pm</b>	Howard Holland	Howard Holland
<b>Prayers:</b>	<b>7:45 am</b>	Jean Cohn	Enid Cole
	<b>9:00 am</b>	Carleton MacDonald	Gary McLaughlin
<b>Chalicians:</b>	<b>7:45 am</b>	Edna Leake Wadai Dennis	Sharon Hayden Enid Cole
	<b>9:00 am</b>	Nancy Carman Cynthia Perley\	Esther Tellu Dotty Pfadenhauer
	<b>11:15 am</b>	Avin Lalmansingh Sarah Rubin	Peg Ruppel Laura Shay
	<b>5:00 pm</b>	Howard Holland	Howard Holland
<b>Healing Prayer Ministers:</b>	<b>7:45 am</b>	Jean Cohn	Lisa Murdock
	<b>9:00 am</b>	Susan McLaughlin	Randy Lord-Wilkinson
	<b>11:15 am</b>	Peg Ruppel	Sarah Rubin
<b>Acolytes:</b>	<b>7:45 am</b>	Ron Hayden Aidan Douglas	Raymond Chin Aidan Douglas
	<b>9:00 am</b>	Alfred Wasikye Sam Mendimasa Kofi Kwamena-Poh	Nuelle Johnson Manny Johnson Msangwa Ogada
<b>Welcome Team:</b>	<b>7:45 am</b>	Don Cohn Jean Cohn	Janet King Wadai Dennis
	<b>9:00 am</b>	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke	Dorette Sutherland James Black Jonathan Black Josephine Clarke
	<b>11:15 am</b>	Alex Langley Alice Padmore Kendall Anderson	Sciou Broderick Peedy Terry Emmanuel Nwankwo
<b>Flower Delivery:</b>		Hawa Clemens Eliane Dunn-Johnson	Alice Padmore Esther Sawyer
<b>Altar Guild:</b>	<b>7:45 am</b>	Georgette Dennis	Enid Cole Mardia Dennis
	<b>9:00 am</b>	Nancy Carman Dorett Sutherland	Caryl Thomas Dotty Pfadenhauer
	<b>11:15 am</b>	Georgana Maines Lynne Shaer	Georgana Maines Lynne Shaer
<b>Weekly Altar Guild Team:</b>		11:15 am Team	11:15 am Team
<b>Eucharistic Visitors:</b>		Kate Foley	Barb Mansfield Enid Cole

