



The Thirteenth Sunday after Pentecost

14 August A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.

We meet for coffee, tea, and snacks in the Narthex after each service.

Within the bulletin, the people read the parts in bold print.

♦ ***Please silence your audible devices*** ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Hebrews 11:29-12:2

By faith they crossed the Red Sea as if they were on dry land, but when the Egyptians tried it, they were drowned. By faith Jericho's walls fell after the people marched around them for seven days. By faith Rahab the prostitute wasn't killed with the disobedient because she welcomed the spies in peace. What more can I say? I would run out of time if I told you about Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets. Through faith they conquered kingdoms, brought about justice, realized promises, shut the mouths of lions, put out raging fires, escaped from the edge of the sword, found strength in weakness, were mighty in war, and routed foreign armies. Women received back their dead by resurrection. Others were tortured and refused to be released so they could gain a better resurrection. But others experienced public shame by being taunted and whipped; they were even put in chains and in prison. They were stoned to death, they were cut in two, and they died by being murdered with swords. They went around wearing the skins of sheep and goats, needy, oppressed, and mistreated. The world didn't deserve them. They wandered around in deserts, mountains, caves, and holes in the ground. All these people didn't receive what was promised, though they were given approval for their faith. God provided something better for us so they wouldn't be made perfect without us. So then let's also run the race that is laid out in front of us, since we

have such a great cloud of witnesses surrounding us. Let's throw off any extra baggage, get rid of the sin that trips us up, and fix our eyes on Jesus, faith's pioneer and perfecter. He endured the cross, ignoring the shame, for the sake of the joy that was laid out in front of him, and sat down at the right side of God's throne.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 82

- 1 God takes his stand in the council of heaven; *
he gives judgment in the midst of the gods:
- 2 "How long will you judge unjustly, *
and show favor to the wicked?
- 3 Save the weak and the orphan; *
defend the humble and needy;
- 4 Rescue the weak and the poor; *
deliver them from the power of the wicked.
- 5 They do not know, neither do they understand; they go about in darkness; *
all the foundations of the earth are shaken.
- 6 Now I say to you, 'You are gods, *
and all of you children of the Most High;
- 7 Nevertheless, you shall die like mortals, *
and fall like any prince."
- 8 Arise, O God, and rule the earth, *
for you shall take all nations for your own.

The Holy Gospel of our Lord Jesus Christ according to Luke [12:49-56]
Glory to you, Lord Christ.

"I came to cast fire upon the earth. How I wish that it was already ablaze! I have a baptism I must experience. How I am distressed until it's completed! Do you think that I have come to bring peace to the earth? No, I tell you, I have come instead to bring division. From now on, a household of five will be divided—three against two and two against three. Father will square off against son and son against father; mother against daughter and daughter against mother; and mother-in-law against daughter-in-law and daughter-in-law against mother-in-law." Jesus also said to the crowds, "When you see a cloud forming in the west, you immediately say, 'It's going to rain.' And indeed it does. And when a south wind blows, you say, 'A heat wave is coming.' And it does. Hypocrites! You know how to interpret conditions on earth and in the sky. How is it that you don't know how to interpret the present time?"

The Gospel of the Lord
Praise to you, Lord Christ.

Sermon

(The Rev.) Randy Lord-Wilkinson

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayers of the People: Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; and Randy and Javier, our clergy;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. You may add your own prayers at this time.

Silence

The people may add their own petitions

We pray for comfort, healing, courage and hope for Helen Clark, Joseph Ellis, George Johnson, Homé Reitwiesner, Maria Estela Rodriguez, Peg Ruppel, Lea Ann Sampson, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the lives of Grey and Dick Froelich, in whose memory the altar flowers are given.

Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways.
to the glory of your Name. Amen.**

The Priest stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer B

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People:

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
 holy is your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
 as we forgive those
 who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those
 who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

***Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

***Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

Prayer after Communion

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

**Go in peace to love and serve the Lord.
Thanks be to God.**

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 am	Leslie Sanya	Jean Cohn
	9:00 am	Carleton MacDonald Sue Snay	Susan Ahalt Sue Snay
	11:15 am	Peedy Terry	Avin Lalmansingh
	5:00 pm	Christine Yankus-Eng	Howard Holland
Prayers:	7:45 am	Leslie Sanya	Jean Cohn
	9:00 am	Gordon Donnelly	Betsy Hasegawa
Chalicians:	7:45 am	Sharon Hayden Leslie Sanya	Edna Leake Wadai Dennis
	9:00 am	Sue Snay Swithin Kwamena-Poh	Nancy Carman Cynthia Perley\
	11:15 am	Anika Lalmansingh Christian Nwankwo	Avin Lalmansingh Sarah Rubin
	5:00 pm	Christine Yankus-Eng	Howard Holland
Healing Prayer Ministers:			
	7:45 am	Janet King	Jean Chon
	9:00 am	Major Clemens	Randy Lord-Wilkinson
	11:15 am	Alex Langley	Peg Ruppel
Acolytes:	7:45 am	Raymond Chin Aidan Douglas	Ron Hayden Aidan Douglas
	9:00 am	Nuelle Johnson Manny Johnson Msangwa Ogada	Alfred Wasikye Sam Mendimasa Kofi Kwamena-Poh
Welcome Team:			
	7:45 am	Meredith Horan Enid Cole	Herald Douglas Lisa Murdock
	9:00 am	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke
	11:15 am	Avin Lalmansingh Karl Didavi Clark Didavi	Alex Langley Alice Padmore Kendall Anderson
Flower Delivery:		Esther Sawyer Adoma Baffoe	Hawa Clemens Eliane Dunn-Johnson
Altar Guild:	7:45 am	Leslie Sanya Wadai Dennis	Georgette Dennis
	9:00 am	Ophelia Yalley-Ogunro Joyce Bvume	Nancy Carman Dorett Sutherland
	11:15 am	Anika Lalmansingh Avin Lalmansingh	Georgana Maines Lynne Shaer
Weekly Altar Guild Team:		9:00 am Team	11:15 am Team
Eucharistic Visitors:		Pamella Irons-Forth	Randy Lord-Wilkinson Kate Foley

