



## The Thirteenth Sunday after Pentecost

14 August AD 2016

11:15 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*  
The Rev. Javier García Ocampo, *Assistant to the Rector*  
Jerrold Tidwell, *Minister of Music*

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.*

*We meet for coffee, tea, and snacks in the Narthex after each service.*

*Within the service, the people read the parts in bold print.*

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### Welcome and Announcements

Gather 433

On Eagle's Wings

The Lord is here.

**God's Spirit is with us.**

Let us pray.

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Hebrews 11:29-12:2

By faith they crossed the Red Sea as if they were on dry land, but when the Egyptians tried it, they were drowned. By faith Jericho's walls fell after the people marched around them for seven days. By faith Rahab the prostitute wasn't killed with the disobedient because she welcomed the spies in peace. What more can I say? I would run out of time if I told you about Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets. Through faith they conquered kingdoms, brought about justice, realized promises, shut the mouths of lions, put out raging fires, escaped from the edge of the sword, found strength in weakness, were mighty in war, and routed foreign armies. Women received back their dead by resurrection. Others were tortured and refused to be released so they could gain a better resurrection. But others experienced public shame by being taunted and whipped; they were even put in chains and in prison. They were stoned to death, they were cut in two, and they died by being murdered with swords. They went around wearing the skins of sheep and goats, needy, oppressed, and mistreated. The world didn't deserve them. They wandered around in deserts, mountains, caves, and holes in the ground. All these people didn't receive what was promised, though they were given approval for their faith. God provided something better for us so they wouldn't be made perfect without us. So then let's also run the race that is laid out in front of us, since we have such a great cloud of witnesses surrounding us. Let's throw off any extra baggage, get rid of the sin that trips us up, and fix our eyes on Jesus, faith's pioneer and perfecter. He endured the cross, ignoring the shame, for the sake of the joy that was laid out in front of him, and sat down at the right side of God's throne.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

Gather 498

Now We Remain

The Holy Gospel of our Lord Jesus Christ according to Luke [12:49-56]  
**Glory to you, Lord Christ.**

"I came to cast fire upon the earth. How I wish that it was already ablaze! I have a baptism I must experience. How I am distressed until it's completed! Do you think that I have come to bring peace to the earth? No, I tell you, I have come instead to bring division. From now on, a household of five will be divided—three against two and two against three. Father will square off against son and son against father; mother against daughter and daughter against mother; and mother-in-law against daughter-in-law and daughter-in-law against mother-in-law." Jesus also said to the crowds, "When you see a cloud forming in the west, you immediately say, 'It's going to rain.' And indeed it does. And when a south wind blows, you say, 'A heat wave is coming.' And it does. Hypocrites! You know how to interpret conditions on earth and in the sky. How is it that you don't know how to interpret the present time?"

The Gospel of the Lord  
**Praise to you, Lord Christ.**

**Meditation**

(The Rev.) Randy Lord-Wilkinson

**The Affirmation of Faith\***

You, O God, are supreme and holy,  
You create our world and give us life.  
Your purpose overarches everything we do.  
You have always been with us.  
You are God.

You, O God, are infinitely generous,  
Good beyond all measure.  
You came to us before we came to you.  
You have revealed and proved

Your love for us in Jesus Christ,  
Who lived and died and rose again.  
You are with us now.  
You are God.

You, O God, are Holy Spirit.  
You empower us to be your gospel in the world.  
You reconcile and heal; you overcome death.  
You are our God. We worship you.

\*From *A New Zealand Prayer Book*, p. 481

**The Prayers of the People**

*Prayers are invited, either silently or aloud. After each spoken prayer, a gong will sound.*

**Gather 511**

**1 Danced in the Morning**

## The Great Thanksgiving

The Lord is here.

**God's Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

\*It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

*Celebrant and People*

Gather #168

Sanctus

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, heav'n and earth are full of your glo-ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the  
high - est. Ho - san - na in the high - est!

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of our faith:

**Christ has died.  
Christ is risen.  
Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

*As our Savior Christ has taught us,  
we are bold to say:*

**Our Father in heaven,  
holy is your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*As our Savior Christ has taught us,  
we now pray:*

**Eternal Spirit,  
Earth-Maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all.  
Loving God, in whom is heaven:  
The hallowing of your name echoes through the universe!  
The way of your justice be followed by the peoples  
of the world!  
Your heavenly will be done by all created beings!  
Your commonwealth of peace and freedom  
sustain our hope and come on earth.  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever. Amen.**

*From A New Zealand Prayer Book, p. 181*

*The Celebrant breaks the consecrated Bread, and a period of silence is kept.*

We break this bread to share in the Body of Christ.  
*People:* **We who are many are one body, for we all share in the one bread.**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given with these words*

**The Body of Christ, the bread of heaven.**

**The Blood of Christ, the cup of salvation.**

***Administration of the Sacrament:** All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

***Healing Prayers:** If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex to the right of the pulpit after receiving communion. A healing minister will be there to pray with you.*

Let us pray.

**God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.**

**Gather 518**

**We Are Called**

**The Peace**

The peace of the Lord be always with you.  
And also with you.

**PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:**

Helen Clark, Joseph Ellis, George Johnson, Homé Reitwiesner, Maria Estela Rodruguez, Peg Ruppel, Lea Ann Sampson, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the lives of Grey and Dick Froelich, in whose memory the altar flowers are given.

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## Worship Leaders

		<b>This Week</b>	<b>Next Week</b>
<b>Reader:</b>	<b>7:45 am</b>	Leslie Sanya	Jean Cohn
	<b>9:00 am</b>	Carleton MacDonald Sue Snay	Susan Ahalt Sue Snay
	<b>11:15 am</b>	Peedy Terry	Avin Lalmansingh
	<b>5:00 pm</b>	Christine Yankus-Eng	Howard Holland
<b>Prayers:</b>	<b>7:45 am</b>	Leslie Sanya	Jean Cohn
	<b>9:00 am</b>	Gordon Donnelly	Betsy Hasegawa
<b>Chalicians:</b>	<b>7:45 am</b>	Sharon Hayden Leslie Sanya	Edna Leake Wadai Dennis
	<b>9:00 am</b>	Sue Snay Swithin Kwamena-Poh	Nancy Carman Cynthia Perley\
	<b>11:15 am</b>	Anika Lalmansingh Christian Nwankwo	Avin Lalmansingh Sarah Rubin
	<b>5:00 pm</b>	Christine Yankus-Eng	Howard Holland
<b>Healing Prayer Ministers:</b>			
	<b>7:45 am</b>	Janet King	Jean Chon
	<b>9:00 am</b>	Major Clemens	Randy Lord-Wilkinson
	<b>11:15 am</b>	Alex Langley	Peg Ruppel
<b>Acolytes:</b>	<b>7:45 am</b>	Raymond Chin Aidan Douglas	Ron Hayden Aidan Douglas
	<b>9:00 am</b>	Nuelle Johnson Manny Johnson Msangwa Ogada	Alfred Wasikye Sam Mendimasa Kofi Kwamena-Poh
<b>Welcome Team:</b>			
	<b>7:45 am</b>	Meredith Horan Enid Cole	Herald Douglas Lisa Murdock
	<b>9:00 am</b>	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke
	<b>11:15 am</b>	Avin Lalmansingh Karl Didavi Clark Didavi	Alex Langley Alice Padmore Kendall Anderson
<b>Flower Delivery:</b>		Esther Sawyer Adoma Baffoe	Hawa Clemens Eliane Dunn-Johnson
<b>Altar Guild:</b>	<b>7:45 am</b>	Leslie Sanya Wadai Dennis	Georgette Dennis
	<b>9:00 am</b>	Ophelia Yalley-Ogunro Joyce Bvume	Nancy Carman Dorett Sutherland
	<b>11:15 am</b>	Anika Lalmansingh Avin Lalmansingh	Georgana Maines Lynne Shaer
<b>Weekly Altar Guild Team:</b>		9:00 am Team	11:15 am Team
<b>Eucharistic Visitor:</b>		Pamella Irons-Forth	Randy Lord-Wilkinson Kate Foley

## LEADERSHIP AT ASCENSION

### *Clergy*

The Rev. Randy Lord-Wilkinson, *Rector*  
The Rev. Javier García Ocampo, *Assistant to the Rector*

### *Musicians*

Jerrold Tidwell, *Minister of Music*  
Howard Hanson, *Musician, Service for Families with Small Children at 10:15 a.m.*  
Samuel Munguia, *Musician, Spanish Language Service at 11:00 a.m.*  
Eric O'Loughlin, *Musician, 5:00 p.m. Service*

### *Wardens*

Betsy Hasegawa, *Senior Warden*  
Janet King, *Junior Warden*

### *Vestry*

2017: Denise Lionetti, Najma Stubblefield, Paul Whitmore  
2018: Maria Estela Rodriguez, Avin Lalmansingh, Gary McLaughlin  
2019: Rose Buck, Zadinga Ogada, John Pruessner  
Sari Stoddard, *Clerk of the Vestry*  
Howard Holland, *Treasurer*

### *Mission Area Leaders*

Zadinga Ogada, *Christian Formation for Children*  
Angie Hight-Walker, *Christian Formation for Youth*  
Ted Bedell, *Facilities*  
Howard Holland, *Finance*  
Paul Boynton, *Outreach*  
Randy Lord-Wilkinson, *Pastoral Care*  
Jean Cohn, *Personnel*  
Carleton MacDonald, *Worship*

### *Delegates to Diocesan Convention*

Kristen Keating, Carleton MacDonald, Sue Snay  
Alternate: Mardia Dennis

### *Staff*

Kathy Van Arnum, *Office Coordinator*  
Betty LaVern, *Sexton*

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