



The Sixth Sunday after Pentecost

26 June A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*

The Rev. Javier García Ocampo, *Spanish Language Missioner*

Jerrold Tidwell, *Minister of Music*

Diana Gustafson, *Seminarian*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.

We meet for coffee, tea, and snacks in the Narthex after each service.

A Nursery for children up through age three is available all morning in the Main Building, Room 2.

Within the bulletin, the people read the parts in bold print.

♦ Please silence your audible devices ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Galatians 5:1, 13-25

Christ has set us free for freedom. Therefore, stand firm and don't submit to the bondage of slavery again. You were called to freedom, brothers and sisters; only don't let this freedom be an opportunity to indulge your selfish impulses, but serve each other through love. All the Law has been fulfilled in a single statement: Love your neighbor as yourself. But if you bite and devour each other, be careful that you don't get eaten up by each other! I say be guided by the Spirit and you won't carry out your selfish desires. A person's selfish desires are set against the Spirit, and the Spirit is set against one's selfish desires. They are opposed to each other, so you shouldn't do whatever you want to do. But if you are being led by the Spirit, you aren't under the Law. The actions that are produced by selfish motives are obvious, since they include sexual immorality, moral corruption, doing whatever feels good, idolatry, drug use and casting spells, hate, fighting, obsession, losing your temper, competitive opposition, conflict, selfishness, group rivalry, jealousy, drunkenness, partying, and other things like that. I warn you as I have already warned you, that those who do these kinds of things won't inherit God's kingdom. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against things like this. Those who belong to Christ Jesus have crucified the self with its passions and its desires. If we live by the Spirit, let's follow the Spirit.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 16

- 1 Protect me, O God, for I take refuge in you; *
I have said to the LORD, "You are my Lord, my good above all other."
- 2 All my delight is upon the godly that are in the land, *
upon those who are noble among the people.
- 3 But those who run after other gods *
shall have their troubles multiplied.
- 4 Their libations of blood I will not offer, *
nor take the names of their gods upon my lips.
- 5 O LORD, YOU are my portion and my cup; *
it is you who uphold my lot.
- 6 My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage.
- 7 I will bless the LORD who gives me counsel; *
my heart teaches me, night after night.
- 8 I have set the LORD always before me; *
because he is at my right hand I shall not fall.
- 9 My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.
- 10 For you will not abandon me to the grave, *
nor let your holy one see the Pit.
- 11 You will show me the path of life; *
in your presence there is fullness of joy, and in your right hand are pleasures for evermore.

The Holy Gospel of our Lord Jesus Christ according to Luke [9:51-62]
Glory to you, Lord Christ.

As the time approached when Jesus was to be taken up into heaven, he determined to go to Jerusalem. He sent messengers on ahead of him. Along the way, they entered a Samaritan village to prepare for his arrival, but the Samaritan villagers refused to welcome him because he was determined to go to Jerusalem. When the disciples James and John saw this, they said, "Lord, do you want us to call fire down from heaven to consume them?" But Jesus turned and spoke sternly to them, and they went on to another village. As Jesus and his disciples traveled along the road, someone said to him, "I will follow you wherever you go." Jesus replied, "Foxes have dens and the birds in the sky have nests, but the Human One has no place to lay his head." Then Jesus said to someone else, "Follow me." He replied, "Lord, first let me go and bury my father." Jesus said to him, "Let the dead bury their own dead. But you go and spread the news of God's kingdom." Someone else said to Jesus, "I will follow you, Lord, but first let me say good-bye to those in my house." Jesus said to him, "No one who puts a hand on the plow and looks back is fit for God's kingdom."

The Gospel of the Lord
Praise to you, Lord Christ.

Sermon

Ms. Diana Gustafson

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayers of the People: Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; Randy our Rector, Javier our Spanish Language Missioner, and Diana our Seminarian;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.
Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. You may add your own prayers at this time.

Silence

The people may add their own petitions

We pray for comfort, healing, courage and hope for Carol Clark, Helen Clark, Helen Jenkins, Carleton MacDonald, Homé Reitwiesner, Sarah Rubin, Peg Ruppel, Lea Ann Sampson, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, Toshi Tanemura, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways.
to the glory of your Name. Amen.**

The Priest stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer C

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our ancestors; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
 holy is your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
 as we forgive those
 who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those
 who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.

Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

Prayer after Communion

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

All readings are from *The Common English Bible*.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 am	Leslie Sanya	Jean Cohn
	9:00 am	Suzyn Gonzalez Carleton MacDonald	Susan Ahalt Betsy Hasegawa
	11:15 am	Peg Ruppel	Anika Lalmansingh
	5:00 pm	Howard Holland	Pete Minderman
Prayers:	7:45 am	Leslie Sanya	Jean Cohn
	9:00 am	Gordon Donnelly	Gary McLaughlin
Chalicians:	7:45 am	Wadai Dennis Sharon Hayden	Wadai Dennis Sharon Hayden
	9:00 am	Jerry Pfadenhauer Diana Gustafson	Sue Snay Sari Stoddard
	11:15 am	Page Salazar Laura Shay	Rimie Sicard Georgana Maines
	5:00 pm	Howard Holland	Pete Minderman
Healing Prayer Ministers:			
	7:45 am	Diana Gustafson	Meredith Horan
	9:00 am	Javier Ocampo	Susan McLaughlin
	11:15 am	Peg Ruppel	Sarah Rubin
Acolytes:	7:45 am	Ron Hayden Aidan Douglas Jackson Douglas	Raymond Chin Aidan Douglas Jackson Douglas
	9:00 am	Manny Johnson Msangwa Ogada Nuelle Johnson	Kofi Kwamena-Poh Alfred Wasikye Sam Mendimasa
Welcome Team:			
	7:45 am	Enid Cole Janet King	Don Cohn Jean Cohn
	9:00 am	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke	Dorett Sutherland James Black Jonathan Black
	11:15 am	Sciou Broderick Peedy Terry	Avin Lalmansingh Karl Didavi Clark Didavi
Flower Delivery:		Adoma Baffoe Hawa Clemens	Eliane Dunn-Johnson Alice Padmore
Altar Guild:	7:45 am	Enid Cole Mardia Dennis	Leslie Sanya Wadai Dennis
	9:00 am	Sarah Gallagher Kristin FitzPatrick	Dorett Sutherland Margaret Joseph Dotty Pfadenhauer
	11:15 am	Laura Shay Georgana Maines	Laura Shay Georgana Maines
Weekly Altar Guild Team:		7:45 am Team	9:00 am Team
Eucharistic Visitors:		Jean Cohn Enid Cole	Barb Mansfield

