



The Third Sunday after Pentecost

5 June A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*

The Rev. Javier García Ocampo, *Spanish Language Missioner*

Jerrold Tidwell, *Minister of Music*

Diana Gustafson, *Seminarian*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.

We meet for coffee, tea, and snacks in the Narthex after each service.

A Nursery for children up through age three is available all morning in the Main Building, Room 2.

Within the bulletin, the people read the parts in bold print.

♦ Please silence your audible devices ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Galatians 1:11-24

Brothers and sisters, I want you to know that the gospel I preached isn't human in origin. I didn't receive it or learn it from a human. It came through a revelation from Jesus Christ. You heard about my previous life in Judaism, how severely I harassed God's church and tried to destroy it. I advanced in Judaism beyond many of my peers, because I was much more militant about the traditions of my ancestors. But God had set me apart from birth and called me through his grace. He was pleased to reveal his Son to me, so that I might preach about him to the Gentiles. I didn't immediately consult with any human being. I didn't go up to Jerusalem to see the men who were apostles before me either, but I went away into Arabia and I returned again to Damascus. Then after three years I went up to Jerusalem to visit Cephas and stayed with him fifteen days. But I didn't see any other of the apostles except James the brother of the Lord. Before God, I'm not lying about the things that I'm writing to you! Then I went into the regions of Syria and Cilicia, but I wasn't known personally by the Christian churches in Judea. They only heard a report about me: "The man who used to harass us now preaches the faith that he once tried to destroy." So they were glorifying God because of me.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 30

- 1 I will exalt you, O LORD, because you have lifted me up *
and have not let my enemies triumph over me.
- 2 O LORD my God, I cried out to you, *
and you restored me to health.
- 3 You brought me up, O LORD, from the dead; *
you restored my life as I was going down to the grave.
- 4 Sing to the LORD, you servants of his; *
give thanks for the remembrance of his holiness.
- 5 For his wrath endures but the twinkling of an eye, *
his favor for a lifetime.
- 6 Weeping may spend the night, *
but joy comes in the morning.
- 7 While I felt secure, I said, "I shall never be disturbed. *
You, LORD, with your favor, made me as strong as the mountains."
- 8 Then you hid your face, *
and I was filled with fear.
- 9 I cried to you, O LORD; *
I pleaded with the Lord, saying,
- 10 "What profit is there in my blood, if I go down to the Pit? *
will the dust praise you or declare your faithfulness?
- 11 Hear, O LORD, and have mercy upon me; *
O LORD, be my helper."
- 12 You have turned my wailing into dancing; *
you have put off my sack-cloth and clothed me with joy.
- 13 Therefore my heart sings to you without ceasing; *
O LORD my God, I will give you thanks for ever.

The Holy Gospel of our Lord Jesus Christ according to Luke [7:11-17]
Glory to you, Lord Christ.

A little later Jesus went to a city called Nain. His disciples and a great crowd traveled with him. As he approached the city gate, a dead man was being carried out. He was his mother's only son, and she was a widow. A large crowd from the city was with her. When he saw her, the Lord had compassion for her and said, "Don't cry." He stepped forward and touched the stretcher on which the dead man was being carried. Those carrying him stood still. Jesus said, "Young man, I say to you, get up." The dead man sat up and began to speak, and Jesus gave him to his mother. Awestruck, everyone praised God. "A great prophet has appeared among us," they said. "God has come to help his people." This news about Jesus spread throughout Judea and the surrounding region.

The Gospel of the Lord
Praise to you, Lord Christ.

Sermon

The Rev. Javier García Ocampo

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayers of the People: Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; Randy our Rector, Javier our Spanish Language Missioner, and Diana our Seminarian;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. You may add your own prayers at this time.

Silence

The people may add their own petitions

We pray for comfort, healing, courage and hope for Rose Boynton, Carol Clark, Alvaro Gonzalez, Marguerite Johnson, Sarah Rubin, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, Toshi Tanemura, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the life of Helen Bradfield, in whose loving memory her daughter Elizabeth Lennon has given altar flowers.

We also give thanks for the life of Rick Wilkinson, in whose memory our Vestry has given altar flowers.

Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Leader and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen**

The Priest stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer I

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of our faith:

**Christ has died.
Christ is risen.
Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.

Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

Prayer after Communion

God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

All readings are from *The Common English Bible*.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 am	Jackson Douglas	Leslie Sanya
	9:00 am	Diana Gustafson Suzyn Gonzalez	Betsy Hasegawa Gary McLaughlin
	11:15 am	Karl Didavi	Diana Gustafson
	5:00 pm	Pete Minderman	Howard Holland
Prayers:	7:45 am	Jackson Douglas	Leslie Sanya
	9:00 am	Barb Mansfield	Sue Snay
Chalicians:	7:45 am	Wadai Dennis Sharon Hayden	Diana Gustafson Enid Cole
	9:00 am	Nancy Carman Cynthia Perley	Esther Tellu Major Clemens
	11:15 am	Diana Gustafson Anika Lalmansingh	Christian Nwankwo Avin Lalmansingh
	5:00 pm	Pete Minderman	Howard Holland
Healing Prayer Ministers:			
	7:45 am	Diana Gustafson	Meredith Horan
	9:00 am	Major Clemens	Susan McLaughlin
	11:15 am	Laura Shay	Laura Shay
Acolytes:	7:45 am	Raymond Chin Aidan Douglas Jackson Douglas	Ron Hayden Aidan Douglas Jackson Douglas
	9:00 am	Kofi Kwamena-Poh Kayleigh Yankie Sam Mendimasa	Kofi Dickson Lisa Dickson Kofi Kwamena-Poh
Welcome Team:	7:45 am	Florence Sirleaf Meredith Horan	Herald Douglas Lisa Murdock
	9:00 am	Dorett Sutherland James Black Jonathan Black	Nii Armah Akuete Ruby King Charles Dickson
	11:15 am	Avin Lalmansingh Clark Didavi	Alex Langley Alice Padmore
Flower Delivery:		Esther Sawyer Adoma Baffoe	Hawa Clemens Eliane Dunn-Johnson
Altar Guild:	7:45 am	Enid Cole Mardia Dennis	Leslie Sanya Wadai Dennis
	9:00 am	Nancy Carman Cynthia Perley Liz Lennon	Caryl Thomas Adoma Baffoe Dotty Pfenhauer
	11:15 am	Lynne Shaer Laura Shay	Anika Lalmansingh Avin Lalmansingh
Weekly Altar Guild Team:		7:45 am Team	9:00 am Team
Eucharistic Visitors:		Meredith Horan	Pamella Irons-Forth Barb Mansfield

