



The First Sunday after Pentecost: Trinity Sunday

22 May A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*

The Rev. Javier García Ocampo, *Spanish Language Missioner*

Jerrold Tidwell, *Minister of Music*

Diana Gustafson, *Seminarian*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.

We meet for coffee, tea, and snacks in the Narthex after each service.

A Nursery for children up through age three is available all morning in the Main Building, Room 2.

Within the bulletin, the people read the parts in bold print.

♦ Please silence your audible devices ♦

THE WORD OF GOD

Blessed be God; Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon us.

The Lord be with you.
And also with you.
Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

Proverbs 8:1-4, 22-31

Doesn't Wisdom cry out and Understanding shout? Atop the heights along the path, at the crossroads she takes her stand. By the gate before the city, at the entrances she shouts: I cry out to you, people; my voice goes out to all of humanity. The Lord created me at the beginning of his way, before his deeds long in the past. I was formed in ancient times, at the beginning, before the earth was. When there were no watery depths, I was brought forth, when there were no springs flowing with water. Before the mountains were settled, before the hills, I was brought forth; before God made the earth and the fields or the first of the dry land. I was there when he established the heavens, when he marked out the horizon on the deep sea, when he thickened the clouds above, when he secured the fountains of the deep, when he set a limit for the sea, so the water couldn't go beyond his command, when he marked out the earth's foundations. I was beside him as a master of crafts. I was having fun, smiling before him all the time, frolicking with his inhabited earth and delighting in the human race.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm 8

- 1 O LORD our Governor, *
 how exalted is your Name in all the world!
- 2 Out of the mouths of infants and children *
 your majesty is praised above the heavens.
- 3 You have set up a stronghold against your adversaries, *
 to quell the enemy and the avenger.
- 4 When I consider your heavens, the work of your fingers, *
 the moon and the stars you have set in their courses,
- 5 What is man that you should be mindful of him? *
 the son of man that you should seek him out?
- 6 You have made him but little lower than the angels; *
 you adorn him with glory and honor;
- 7 You give him mastery over the works of your hands; *
 you put all things under his feet:
- 8 All sheep and oxen, *
 even the wild beasts of the field,
- 9 The birds of the air, the fish of the sea, *
 and whatsoever walks in the paths of the sea.
- 10 O LORD our Governor, *
 how exalted is your Name in all the world!

The Holy Gospel of our Lord Jesus Christ according to John [16:12-15]
Glory to you, Lord Christ.

“I have much more to say to you, but you can’t handle it now. However, when the Spirit of Truth comes, he will guide you in all truth. He won’t speak on his own, but will say whatever he hears and will proclaim to you what is to come. He will glorify me, because he will take what is mine and proclaim it to you. Everything that the Father has is mine. That’s why I said that the Spirit takes what is mine and will proclaim it to you. Soon you won’t be able to see me; soon after that, you will see me.”

The Gospel of the Lord
Praise to you, Lord Christ.

Sermon

(The Rev.) Randy Lord-Wilkinson

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Prayers of the People: Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; Randy our Rector, Javier our Spanish Language Missioner, and Kate and Diana our Seminarians;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. You may add your own prayers at this time.

Silence

The people may add their own petitions

We pray for comfort, healing, courage and hope for Rose Boynton, Carol Clark, Alvaro Gonzalez, Marguerite Johnson, Sarah Rubin, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We give thanks for the 49th wedding anniversary of Owen and Elizabeth Lennon, who have given the altar flowers today.

Celebrant

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Leader and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways.
to the glory of your Name. Amen.**

The Priest stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The peace of the Lord be always with you.
And also with you.

Announcements

Please stand at the presentation of the money and food offerings.

HOLY COMMUNION

Eucharistic Prayer B

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

You may stand or kneel during the Eucharistic Prayer.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People:

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

*As our Savior Christ
has taught us,
we now pray,*

Our Father in heaven,
 holy is your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
 as we forgive those
 who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

*And now,
as our Savior Christ has taught us,
we are bold to say,*

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those
 who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.

Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.

Prayer after Communion

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

The Blessing

Life is short, and we do not have too much time
to gladden the hearts of those who travel the way with us.
So be swift to love, and make haste to be kind.
And may the blessing of the one who made us,
who journeys with us,
who breathes us into life moment by moment,
Creator, Christ, and Holy Spirit,
be upon you
this day and always.
Amen.

Go in peace to love and serve the Lord.
Thanks be to God.

WORSHIP LEADERS

		This Week	Next Week
Reader:	7:45 am	Jean Cohn	Enid Cole
	9:00 am	Andrew Greene Susan McLaughlin	Susan Ahalt Gordon Donnelly
	11:15 am	Peedy Terry	Laura Shay
	5:00 pm	Christine Yankus-Eng	Howard Holland
Prayers:	7:45 am	Jean Cohn	Enid Cole
	9:00 am	Betsy Hasegawa	Carleton MacDonald
Chalicians:	7:45 am	Enid Cole Sharon Hayden	Edna Leake Leslie Sanya
	9:00 am	Major Clemens Jerry Pfadenhauer	Swithin Kwamena-Poh Sari Stoddard
	11:15 am	Georgana Maines Page Salazar	Rimie Sicard Kirk Fitch
	5:00 pm	Christine Yankus-Eng	Howard Holland
Healing Prayer Ministers:			
	7:45 am	Lisa Murdock	Janet King
	9:00 am	Javier Ocampo	Paul Whitmore
	11:15 am	Laura Shay	Peg Ruppel
Acolytes:	7:45 am	Raymond Chin Aidan Douglas Jackson Douglas	Ron Hayden Aidan Douglas Jackson Douglas
	9:00 am	Kofi Kwamena-Poh Kayleigh Yankie Sam Mendimasa	Manny Johnson Msangwa Ogada Nuelle Johnson
Welcome Team:	7:45 am	Enid Cole Janet King	Wadai Dennis Frank Sanya
	9:00 am	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke
	11:15 am	Sciou Broderick Peedy Terry	Pete Minderman Kendall Anderson
Flower Delivery:		Adoma Baffoe Hawa Clemens	Eliane Dunn-Johnson Alice Padmore
Altar Guild:	7:45 am	Leslie Sanya Wadai Dennis	Georgette Dennis
	9:00 am	Ophelia Yalley-Ogunro Esther Taylor Sari Stoddard	Sarah Gallagher Kristin FitzPatrick
	11:15 am	Anika Lalmansingh Avin Lalmansingh	Laura Shay Georgana Maines
Weekly Altar Guild Team:		9:00 am Team	11:15 am Team
Eucharistic Visitors:		Barb Mansfield Enid Cole	Jean Cohn

