



## The Sixth Sunday of Easter

1 May A.D. 2016

7:45 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*

The Rev. Javier García Ocampo, *Spanish Language Missioner*

Jerrold Tidwell, *Minister of Music*

The Rev. Deacon Kate Siberine and Diana Gustafson, *Seminarians*

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.*

*We meet for coffee, tea, and snacks in the Narthex after each service.*

*A Nursery for children up through age three is available all morning in the Main Building, Room 2.*

*Within the bulletin, the people read the parts in bold print.*

♦ ***Please silence your audible devices*** ♦

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### THE WORD OF GOD

Alleluia, Christ is risen.

**The Lord is risen indeed. Alleluia.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Holy God.

Holy and Mighty,

Holy Immortal One,

**Have mercy upon us.**

The Lord be with you.

**And also with you.**

Let us pray.

**O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

#### **Revelation 21:10, 22-22:5**

He took me in a Spirit-inspired trance to a great, high mountain, and he showed me the holy city, Jerusalem, coming down out of heaven from God. I didn't see a temple in the city, because its temple is the Lord God Almighty and the Lamb. The city doesn't need the sun or the moon to shine on it, because God's glory is its light, and its lamp is the Lamb. The nations will walk by its light, and the kings of the earth will bring their glory into it. Its gates will never be shut by day, and there will be no night there. They will bring the glory and honor of the nations into it. Nothing unclean will ever enter it, nor anyone who does what is vile and deceitful, but only those who are registered in the Lamb's scroll of life. Then the angel showed me the river of life-giving water, shining like crystal, flowing from the throne of God and the Lamb through the middle of the city's main street. On each side of the river is the tree of life, which produces twelve crops of fruit, bearing its fruit each month. The tree's leaves are for the healing of the nations. There will no longer be any curse. The throne of God and the Lamb will be in it, and his servants will worship him. They will see his face, and his name will be on their foreheads. Night will be no more. They won't need the light of a lamp or the light of the sun, for the Lord God will shine on them, and they will rule forever and always.

Hear what the Spirit is saying to God's people.  
**Thanks be to God.**

### **Psalm 67**

- 1 May God be merciful to us and bless us, \*  
**show us the light of his countenance and come to us.**
- 2 Let your ways be known upon earth, \*  
**your saving health among all nations.**
- 3 Let the peoples praise you, O God; \*  
**let all the peoples praise you.**
- 4 Let the nations be glad and sing for joy, \*  
**for you judge the peoples with equity and guide all the nations upon earth.**
- 5 Let the peoples praise you, O God; \*  
**let all the peoples praise you.**
- 6 The earth has brought forth her increase; \*  
**may God, our own God, give us his blessing.**
- 7 May God give us his blessing, \*  
**and may all the ends of the earth stand in awe of him.**

The Holy Gospel of our Lord Jesus Christ according to John [5:1-9]  
**Glory to you, Lord Christ.**

After this there was a Jewish festival, and Jesus went up to Jerusalem. In Jerusalem near the Sheep Gate in the north city wall is a pool with the Aramaic name Bethesda. It had five covered porches, and a crowd of people who were sick, blind, lame, and paralyzed sat there. A certain man was there who had been sick for thirty-eight years. When Jesus saw him lying there, knowing that he had already been there a long time, he asked him, "Do you want to get well?" The sick man answered him, "Sir, I don't have anyone who can put me in the water when it is stirred up. When I'm trying to get to it, someone else has gotten in ahead of me." Jesus said to him, "Get up! Pick up your mat and walk." Immediately the man was well, and he picked up his mat and walked. Now that day was the Sabbath.

The Gospel of the Lord  
**Praise to you, Lord Christ.**

**Sermon**

**(The Rev.) Randy Lord-Wilkinson**

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## Prayers of the People: Form III

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons, especially Michael our Presiding Bishop, Mariann our Bishop; Randy our Rector, Javier our Spanish Language Missioner, and Kate and Diana our Seminarians;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others. You may add your own prayers at this time.

*Silence*

*The people may add their own petitions*

We pray for comfort, healing, courage and hope for Carol Clark, Alvaro Gonzalez, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, The Stracener Family, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We pray for those who are in discernment around confirmation, Alice Bennett, Grace Bennett, Jerry Fitzpatrick, Fayemi Johnson, Wendy Quijada, and Alfred Wasikye.

*Celebrant*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

**Confession of Sin**

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Leader and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways.  
to the glory of your Name. Amen.**

*The Priest stands and says:*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## The Peace

The peace of the Lord be always with you.  
**And also with you.**

## Announcements

*Please stand at the presentation of the money and food offerings.*

## HOLY COMMUNION

### Eucharistic Prayer B

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*You may stand or kneel during the Eucharistic Prayer.*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People:*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### **The Lord's Prayer**

*As our Savior Christ  
has taught us,  
we now pray,*

Our Father in heaven,  
    holy is your Name,  
    your kingdom come,  
    your will be done,  
        on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
    as we forgive those  
        who sin against us.  
Save us from the time of trial,  
    and deliver us from evil.  
For the kingdom, the power,  
    and the glory are yours,  
    now and for ever. Amen.

*And now,  
as our Savior Christ has taught us,  
we are bold to say,*

Our Father, who art in heaven,  
    hallowed be thy Name,  
    thy kingdom come,  
    thy will be done,  
        on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
    as we forgive those  
        who trespass against us.  
And lead us not into temptation,  
    but deliver us from evil.  
For thine is the kingdom,  
    and the power, and the glory,  
    for ever and ever. Amen.

### **The Breaking of the Bread**

Alleluia. Christ our Passover is sacrificed for us.  
**Therefore let us keep the feast. Alleluia.**

*Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station at the direction of the Welcome Team. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

*Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex beside the pulpit after receiving communion. A healing minister will be there to pray with you.*

## **Prayer after Communion**

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## **The Blessing**

Life is short, and we do not have too much time  
to gladden the hearts of those who travel the way with us.  
So be swift to love, and make haste to be kind.  
And may the blessing of the one who made us,  
who journeys with us,  
who breathes us into life moment by moment,  
Creator, Christ, and Holy Spirit,  
be upon you  
this day and always.  
*Amen.*

**Alleluia, alleluia! Go in peace to love and serve the Lord.  
Thanks be to God. Alleluia, alleluia!**

## WORSHIP LEADERS

		<b>This Week</b>	<b>Next Week</b>
<b>Reader:</b>	<b>7:45 am</b>	Jackson Douglas	Leslie Sanya
	<b>9:00 am</b>	Sue Snay Betsy Hasegawa	Gordon Donnelly Barb Mansfield
	<b>11:15 am</b>	Sarah Rubin	Tunde Ayinde
	<b>5:00 pm</b>	Pete Minderman	Diana Gustafson
<b>Prayers:</b>	<b>7:45 am</b>	Jackson Douglas	Leslie Sanya
	<b>9:00 am</b>	Susan McLaughlin	Susan Ahalt
<b>Chalicians:</b>	<b>7:45 am</b>	Enid Cole Leslie Sanya	Edna Leake Wadai Dennis
	<b>9:00 am</b>	Sari Stoddard Diana Gustafson	Dotty Pfadenhauer Esther Tellu
	<b>11:15 am</b>	Anika Lalmansingh Christian Nwankwo	Avin Lalmansingh Peg Ruppel
	<b>5:00 pm</b>	Pete Minderman	Diana Gustafson
<b>Healing Prayer Ministers:</b>	<b>7:45 am</b>	Diana Gustafson	Jean Cohn
	<b>9:00 am</b>	Randy Lord-Wilkinson	Kate Siberine
	<b>11:15 am</b>	Diana Gustafson	Sarah Rubin
<b>Acolytes:</b>	<b>7:45 am</b>	Ron Hayden Aidan Douglas Jackson Douglas	Raymond Chin Aidan Douglas Jackson Douglas
	<b>9:00 am</b>	Kofi Kwamena-Poh Kayleigh Yankie Sam Mendimasa	Manny Johnson Msangwa Ogada Nuelle Johnson
<b>Welcome Team:</b>	<b>7:45 am</b>	Wadai Dennis Frank Sanya	Florence Sirleaf Meredith Horan
	<b>9:00 am</b>	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke	Dorett Sutherland James Black Jonathan Black
	<b>11:15 am</b>	Avin Lalmansingh Karl Didavi	Alex Langley Alice Padmore
<b>Flower Delivery:</b>		Esther Sawyer Adoma Baffoe	Hawa Clemens Eliane Dunn-Johnson
<b>Altar Guild:</b>	<b>7:45 am</b>	Leslie Sanya Wadai Dennis	Georgette Dennis
	<b>9:00 am</b>	Dorett Sutherland Margaret Joseph	Nancy Carman Cynthia Perley Liz Lennon
	<b>11:15 am</b>	Laura Shay Lynne Shaer	Anika Lalmansingh Avin Lalmansingh
<b>Weekly Altar Guild Team:</b>		9:00 am Team	11:15 am Team
<b>Eucharistic Visitors:</b>		Jean Cohn Barb Mansfield	Meredith Horan

