



The Ninth Sunday after Pentecost

17 July AD 2016

11:15 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*
Jerrold Tidwell, *Minister of Music*

Welcome to Ascension!

For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.

We meet for coffee, tea, and snacks in the Narthex after each service.

Within the service, the people read the parts in bold print.

Welcome and Announcements

Gather 471

As a Fire Is Meant for Burning

The Lord is here.

God's Spirit is with us.

Let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Genesis 18:1-10a

The Lord appeared to Abraham at the oaks of Mamre while he sat at the entrance of his tent in the day's heat. He looked up and suddenly saw three men standing near him. As soon as he saw them, he ran from his tent entrance to greet them and bowed deeply. He said, "Sirs, if you would be so kind, don't just pass by your servant. Let a little water be brought so you may wash your feet and refresh yourselves under the tree. Let me offer you a little bread so you will feel stronger, and after that you may leave your servant and go on your way—since you have visited your servant." They responded, "Fine. Do just as you have said." So Abraham hurried to Sarah at his tent and said, "Hurry! Knead three seahs of the finest flour and make some baked goods!" Abraham ran to the cattle, took a healthy young calf, and gave it to a young servant, who prepared it quickly. Then Abraham took butter, milk, and the calf that had been prepared, put the food in front of them, and stood under the tree near them as they ate. They said to him, "Where's your wife Sarah?" And he said, "Right here in the tent." Then one of the men said, "I will definitely return to you about this time next year. Then your wife Sarah will have a son!"

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gather 469

Blest Are They

The Holy Gospel of our Lord Jesus Christ according to Luke [10:38-42]

Glory to you, Lord Christ.

While Jesus and his disciples were traveling, Jesus entered a village where a woman named Martha welcomed him as a guest. She had a sister named Mary, who sat at the Lord's feet and listened to his message. By contrast, Martha was preoccupied with getting everything ready for their meal. So Martha came to him and said, "Lord, don't you care that my sister has left me to prepare the table all by myself? Tell her to help me." The Lord answered, "Martha, Martha, you are worried and distracted by many things. One thing is necessary. Mary has chosen the better part. It won't be taken away from her."

The Gospel of the Lord
Praise to you, Lord Christ.

Meditation

(The Rev.) Randy Lord-Wilkinson

The Affirmation of Faith*

You, O God, are supreme and holy,
You create our world and give us life.
Your purpose overarches everything we do.
You have always been with us.
You are God.

You, O God, are infinitely generous,
Good beyond all measure.
You came to us before we came to you.
You have revealed and proved

Your love for us in Jesus Christ,
Who lived and died and rose again.
You are with us now.
You are God.

You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.
You are our God. We worship you.

*From *A New Zealand Prayer Book*, p. 481

The Prayers of the People

Prayers are invited, either silently or aloud. After each spoken prayer, a gong will sound.

Gather 513

The Harvest of Justice

The Great Thanksgiving

The Lord is here.
God's Spirit is with us.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

*It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Celebrant and People

Gather #168

Sanctus

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, heav'n and earth are full of your glo-ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est!

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you

and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”
Therefore we proclaim the mystery of our faith:

Christ has died.
Christ is risen.
Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

*As our Savior Christ has taught us,
we are bold to say:*

**Our Father in heaven,
holy is your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

*As our Savior Christ has taught us,
we now pray:*

**Eternal Spirit,
Earth-Maker, Pain-bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all.
Loving God, in whom is heaven:
The hallowing of your name echoes through the universe!
The way of your justice be followed by the peoples
of the world!
Your heavenly will be done by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.**

From A New Zealand Prayer Book, p. 181

The Celebrant breaks the consecrated Bread, and a period of silence is kept.

We break this bread to share in the Body of Christ.

People: **We who are many are one body, for we all share in the one bread.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

The Bread and the Cup are given with these words

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.

Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex to the right of the pulpit after receiving communion. A healing minister will be there to pray with you.

Let us pray.

God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.

Gather 496

Sing Hey for the Carpenter

The Peace

**The peace of the Lord be always with you.
And also with you.**

PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:

Helen Clark, Joseph Ellis, Homé Reitwiesner, Peg Ruppel, Lea Ann Sampson, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

We pray for the Youth Group as they serve at Work Camp at St. James the Less Episcopal School in Philadelphia.

ALTAR FLOWERS:

Given by Sari Stoddard, in loving memory of her mother Janet Stanley King, and her stepmother Margretta Dugan Stoddard.

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Worship Leaders

		This Week	Next Week
Reader:	7:45 am	Enid Cole	Leslie Sanya
	9:00 am	Christian Simpson Suzyn Gonzalez	Gordon Donnelly Susan Ahalt
	11:15 am	Alex Langley	Sarah Rubin
	5:00 pm	Christine Yankus-Eng	Howard Holland
Prayers:	7:45 am	Enid Cole	Leslie Sanya
	9:00 am	Carleton MacDonald	Betsy Hasegawa
Chalicians:	7:45 am	Edna Leake Wadai Dennis	Sharon Hayden Leslie Sanya
	9:00 am	Nancy Carman Cynthia Perley	Sari Stoddard Major Clemens
	11:15 am	Christian Nwankwo Avin Lalmansingh	Sarah Rubin Peg Ruppel
	5:00 pm	Christine Yankus-Eng	Howard Holland
Healing Prayer Ministers:			
	7:45 am	Janet King	Lisa Murdock
	9:00 am	Major Clemens	Randy Lord-Wilkinson
	11:15 am	Peg Ruppel	Alex Langley
Acolytes:	7:45 am	Raymond Chin Aidan Douglas Jackson Douglas	Ron Hayden Aidan Douglas
	9:00 am	Alfred Wasikye Nuelle Johnson Manny Johnson	Sam Mendimasa Kofi Kwamena-Poh Msangwa Ogada
Welcome Team:			
	7:45 am	Herald Douglas Lisa Murdock	Enid Cole Janet King
	9:00 am	Swithin Kwamena-Poh Kevin Blanc Algernon Thomas	Esther Allotey-Taylor Bev Stennett Christine Kroma Josephine Clarke
	11:15 am	Sciou Broderick Peedy Terry Emmanuel Nwankwo	Avin Lalmansingh Karl Didavi Clark Didavi
Flower Delivery:		Hawa Clemens Eliane Dunn-Johnson	Alice Padmore Esther Sawyer
Altar Guild:	7:45 am	Mardia Dennis Enid Cole	Leslie Sanya Wadai Dennis
	9:00 am	Caryl Thomas Adoma Baffoe Dotty Pfadenhauer	Sarah Gallagher Kristin FitzPatrick
	11:15 am	Anika Lalmansingh Avin Lalmansingh	Lynne Shaer
Weekly Altar Guild Team:		7:45 am Team	9:00 am Team
Eucharistic Visitor:		Randy Lord-Wilkinson Kate Foley	Barb Mansfield Enid Cole

LEADERSHIP AT ASCENSION

Clergy

The Rev. Randy Lord-Wilkinson, *Rector*
The Rev. Javier García Ocampo, *Assistant to the Rector*

Musicians

Jerrold Tidwell, *Minister of Music*
Howard Hanson, *Musician, Service for Families with Small Children at 10:15 a.m.*
Samuel Munguia, *Musician, Spanish Language Service at 11:00 a.m.*
Eric O'Loughlin, *Musician, 5:00 p.m. Service*

Wardens

Betsy Hasegawa, *Senior Warden*
Janet King, *Junior Warden*

Vestry

2017: Denise Lionetti, Najma Stubblefield, Paul Whitmore
2018: Maria Estela Rodriguez, Avin Lalmansingh, Gary McLaughlin
2019: Rose Buck, Zadinga Ogada, John Pruessner
Sari Stoddard, *Clerk of the Vestry*
Howard Holland, *Treasurer*

Mission Area Leaders

Zadinga Ogada, *Christian Formation for Children*
Angie Hight-Walker, *Christian Formation for Youth*
Ted Bedell, *Facilities*
Howard Holland, *Finance*
Paul Boynton, *Outreach*
Randy Lord-Wilkinson, *Pastoral Care*
Jean Cohn, *Personnel*
Carleton MacDonald, *Worship*

Delegates to Diocesan Convention

Kristen Keating, Carleton MacDonald, Sue Snay
Alternate: Mardia Dennis

Staff

Kathy Van Arnum, *Office Coordinator*
Pia Leaman, *Communications*
Betty LaVern, *Sexton*

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