



## The First Sunday after Pentecost: Trinity Sunday

22 May AD 2016

11:15 a.m. Holy Eucharist

(The Rev.) Randy Lord-Wilkinson, *Rector*

The Rev. Javier García Ocampo, *Spanish Language Missioner*

Jerrold Tidwell, *Minister of Music*

Diana Gustafson, *Seminarian*

*Welcome to Ascension!*

*For more information about our community, fill out a welcome card, found at either end of the pews, or take one of our welcome packets from the table under the monitor in the Narthex.*

*We meet for coffee, tea, and snacks in the Narthex after each service.*

*A Nursery for children up through age three is available all morning in the Main Building, Room 2.*

*Within the service, the people read the parts in bold print.*

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### Welcome and Announcements

**Gather 373**

**Sing of the Lord's Goodness**

The Lord is here.  
**God's Spirit is with us.**  
Let us pray.

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**Proverbs 8:1-4, 22-31**

Doesn't Wisdom cry out and Understanding shout? Atop the heights along the path, at the crossroads she takes her stand. By the gate before the city, at the entrances she shouts: I cry out to you, people; my voice goes out to all of humanity. The Lord created me at the beginning of his way, before his deeds long in the past. I was formed in ancient times, at the beginning, before the earth was. When there were no watery depths, I was brought forth, when there were no springs flowing with water. Before the mountains were settled, before the hills, I was brought forth; before God made the earth and the fields or the first of the dry land. I was there when he established the heavens, when he marked out the horizon on the deep sea, when he thickened the clouds above, when he secured the fountains of the deep, when he set a limit for the sea, so the water couldn't go beyond his command, when he marked out the earth's foundations. I was beside him as a master of crafts. I was having fun, smiling before him all the time, frolicking with his inhabited earth and delighting in the human race.

Hear what the Spirit is saying to God's people.  
**Thanks be to God.**

**Gather 372**

**O God of Matchless Glory**

The Holy Gospel of our Lord Jesus Christ according to John [16:12-15]  
Glory to you, Lord Christ.

“I have much more to say to you, but you can’t handle it now. However, when the Spirit of Truth comes, he will guide you in all truth. He won’t speak on his own, but will say whatever he hears and will proclaim to you what is to come. He will glorify me, because he will take what is mine and proclaim it to you. Everything that the Father has is mine. That’s why I said that the Spirit takes what is mine and will proclaim it to you. Soon you won’t be able to see me; soon after that, you will see me.”

The Gospel of the Lord  
Praise to you, Lord Christ.

Meditation

(The Rev.) Randy Lord-Wilkinson

The Affirmation of Faith\*

You, O God, are supreme and holy,  
You create our world and give us life.  
Your purpose overarches everything we do.  
You have always been with us.  
You are God.

You, O God, are infinitely generous,  
Good beyond all measure.  
You came to us before we came to you.  
You have revealed and proved

Your love for us in Jesus Christ,  
Who lived and died and rose again.  
You are with us now.  
You are God.

You, O God, are Holy Spirit.  
You empower us to be your gospel in the world.  
You reconcile and heal; you overcome death.  
You are our God. We worship you.

\*From *A New Zealand Prayer Book*, p. 481

The Prayers of the People

*Prayers are invited, either silently or aloud. After each spoken prayer, a gong will sound.*

Gather 418

Dwelling Place

## The Great Thanksgiving

The Lord is here.

**God's Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

\*It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

*Celebrant and People*

Gather #168

Sanctus

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and  
might, heav'n and earth are full of your glo-ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the  
high - est. Ho - san - na in the high - est!

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of our faith:

**Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

*As our Savior Christ has taught us,  
we are bold to say:*

**Our Father in heaven,  
holy is your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*As our Savior Christ has taught us,  
we now pray:*

**Eternal Spirit,  
Earth-Maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all.  
Loving God, in whom is heaven:  
The hallowing of your name echoes through the universe!  
The way of your justice be followed by the peoples  
of the world!  
Your heavenly will be done by all created beings!  
Your commonwealth of peace and freedom  
sustain our hope and come on earth.  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever. Amen.**

*From A New Zealand Prayer Book, p. 181*

*The Celebrant breaks the consecrated Bread, and a period of silence is kept.*

We break this bread to share in the Body of Christ.  
*People:* **We who are many are one body, for we all share in the one bread.**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died and lives in you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*The Bread and the Cup are given with these words*

**The Body of Christ, the bread of heaven.**

**The Blood of Christ, the cup of salvation.**

*Administration of the Sacrament: All are welcome to the Lord's Table at Ascension. To receive communion, come to the communion station. Receive the bread in the palm of your hand. Eat the bread and then drink from the cup when it is offered to you, or you may hold the bread and dip it into the wine when the cup is offered to you. Gluten-free wafers are also available. Make your need known to the Clergy by holding up three fingers. If you wish to receive a blessing rather than receive communion, please join in the movement to the communion station and cross your arms over the front of your chest - this will alert the Clergy of your desire to be blessed. If you need communion brought to you please let a member of the Welcome Team know.*

*Healing Prayers: If you would like to receive the laying on of hands for healing for yourself or another, go to the prayer annex to the right of the pulpit after receiving communion. A healing minister will be there to pray with you.*

Let us pray.

**God of all, we give you thanks and praise, that when we were still far off you met us in Jesus and brought us home. Dying and living, he declared your love, gave us grace and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Amen.**

**Gather 525**

**How Good It is**

**The Peace**

The peace of the Lord be always with you.  
And also with you.

**PRAY FOR COMFORT, HEALING, COURAGE, AND HOPE:**

Rose Boynton, Carol Clark, Alvaro Gonzalez, Marguerite Johnson, Sarah Rubin, Nancy Snee, Janet Spencer, Lou Spencer, Fran Spina, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

We pray for peace in the world and all who are serving our country here and abroad, especially those in harm's way, and their families.

Equip us and empower us to be witnesses to your love – as advocates and as servants, as ministers of welcome and of hope for refugees and all affected by natural disasters, violence, and war.

We pray for all special intentions, and those on our extended Healing Prayer List.

**ALTAR FLOWERS:**

Given by Owen and Elizabeth Lennon, in celebration of their 49th wedding anniversary.

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## Worship Leaders

|                                  |                         | <b>This Week</b>  | <b>Next Week</b>   |
|----------------------------------|-------------------------|---|--|
| <b>Reader:</b>                   | <b>7:45 am</b>          | Jean Cohn   | Enid Cole  |
|                                  | <b>9:00 am</b>          | Andrew Greene<br>Susan McLaughlin                       | Susan Ahalt<br>Gordon Donnelly                           |
|                                  | <b>11:15 am</b>         | Peedy Terry   | Laura Shay   |
|                                  | <b>5:00 pm</b>          | Christine Yankus-Eng                                    | Howard Holland   |
| <b>Prayers:</b>                  | <b>7:45 am</b>          | Jean Cohn   | Enid Cole  |
|                                  | <b>9:00 am</b>          | Betsy Hasegawa  | Carleton MacDonald                                       |
| <b>Chalicians:</b>               | <b>7:45 am</b>          | Enid Cole<br>Sharon Hayden                              | Edna Leake<br>Leslie Sanya                               |
|                                  | <b>9:00 am</b>          | Major Clemens<br>Jerry Pfadenhauer                      | Swithin Kwamena-Poh<br>Sari Stoddard                     |
|                                  | <b>11:15 am</b>         | Georgana Maines<br>Page Salazar                         | Rimie Sicard<br>Kirk Fitch                               |
|                                  | <b>5:00 pm</b>          | Christine Yankus-Eng                                    | Howard Holland   |
| <b>Healing Prayer Ministers:</b> |                         |   |  |
|                                  | <b>7:45 am</b>          | Lisa Murdock  | Janet King   |
|                                  | <b>9:00 am</b>          | Javier Ocampo   | Paul Whitmore  |
|                                  | <b>11:15 am</b>         | Laura Shay  | Peg Ruppel   |
| <b>Acolytes:</b>                 | <b>7:45 am</b>          | Raymond Chin<br>Aidan Douglas<br>Jackson Douglas        | Ron Hayden<br>Aidan Douglas<br>Jackson Douglas           |
|                                  | <b>9:00 am</b>          | Kofi Kwamena-Poh<br>Kayleigh Yankie<br>Sam Mendimasa    | Manny Johnson<br>Msangwa Ogada<br>Nuelle Johnson         |
|                                  | <b>7:45 am</b>          | Enid Cole<br>Janet King                                 | Wadai Dennis<br>Frank Sanya                              |
|                                  | <b>9:00 am</b>          | Swithin Kwamena-Poh<br>Kevin Blanc<br>Algernon Thomas   | Esther Allotey-Taylor<br>Bev Stennett<br>Christine Kroma |
| <b>Welcome Team:</b>             | <b>11:15 am</b>         | Sciou Broderick<br>Peedy Terry                          | Josephine Clarke<br>Pete Minderman<br>Kendall Anderson   |
|                                  | <b>Flower Delivery:</b> | Adoma Baffoe<br>Hawa Clemens                            | Eliane Dunn-Johnson<br>Alice Padmore                     |
|                                  | <b>Altar Guild:</b>     | <b>7:45 am</b>  | Leslie Sanya<br>Wadai Dennis                             |
| <b>9:00 am</b>                   |                         | Ophelia Yalley-Ogunro<br>Esther Taylor<br>Sari Stoddard | Sarah Gallagher<br>Kristin FitzPatrick                   |
| <b>11:15 am</b>                  |                         | Anika Lalmansingh<br>Avin Lalmansingh                   | Laura Shay<br>Georgana Maines                            |
| <b>Weekly Altar Guild Team:</b>  | 9:00 am Team            | 11:15 am Team   |  |
| <b>Eucharistic Visitor:</b>      |                         | Barb Mansfield<br>Enid Cole                             | Jean Cohn  |

## LEADERSHIP AT ASCENSION

### *Clergy*

The Rev. Randy Lord-Wilkinson, *Rector*  
The Rev. Javier García Ocampo, *Spanish Language Missioner*

### *Seminarian*

Diana Gustafson

### *Musicians*

Jerrold Tidwell, *Minister of Music*  
Howard Hanson, *Musician, Service for Families with Small Children at 10:15 a.m.*  
Samuel Munguia, *Musician, Spanish Language Service at 11:00 a.m.*  
Eric O'Loughlin, *Musician, 5:00 p.m. Service*

### *Wardens*

Enid Cole, *Senior Warden*  
Betsy Hasegawa, *Junior Warden*

### *Vestry*

2017: Denise Lionetti, Najma Stubblefield, Paul Whitmore  
2018: Janet King, Avin Lalmansingh, Gary McLaughlin  
2019: Rose Buck, Zadinga Ogada, John Pruessner  
Sari Stoddard, *Clerk of the Vestry*  
Howard Holland, *Treasurer*

### *Mission Area Leaders*

Zadinga Ogada, *Christian Formation for Children*  
Angie Hight-Walker, *Christian Formation for Youth*  
Ted Bedell, *Facilities*  
Howard Holland, *Finance*  
Paul Boynton, *Outreach*  
Randy Lord-Wilkinson, *Pastoral Care*  
Jean Cohn, *Personnel*  
Carleton MacDonald, *Worship*

### *Delegates to Diocesan Convention*

Kristen Keating, Carleton MacDonald, Sue Snay  
Alternate: Mardia Dennis

### *Staff*

Kathy Van Arnum, *Office Coordinator*  
Pia Leaman, *Communications*  
Giséle Lachance, *Nursery Director*  
Betty LaVern, *Sexton*

**The Episcopal Church of the Ascension**

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